

Patty Cook,  
Director of Religious Education

# High School Faith Formation 2011-2012

St. Henry Parish  
221 W. Olive Street  
Marshalltown, IA 50158  
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## We are *Becoming Disciples*

This is a big year for students. This year they continue their faith journey through Faith Formation Classes *AND* begin their immediate preparation for Confirmation.

To assist families in working through this year we will offer the regular Sunday morning classes or a Wednesday night small group format for completing the Religious Education component.

The Confirmation program has a separate set of requirements (*see below*). The Confirmation program coordinator is our Youth Minister, Lisa Lynk. If you have questions regarding Confirmation please contact Lisa at 753-7374 or [sthenrysre@marshallnet.com](mailto:sthenrysre@marshallnet.com)

Students or families who wish to wait for the Sacrament of Confirmation may complete the Religious Education component this year and begin the immediate preparation next year.

### Faith Formation Class Schedule

Sunday Mornings (9:10-10:20)

September 18 & 25

October 2, 9, 16, & 30

November 6, 13 & 20

December 4, 11 & 18

January 8, 15 & 22

February 5, 12 & 19

March 4, 11 18 & 25

April 15 & 22

Wednesday night alternative

(6:30-8:30)

Sept. ~ 21

Oct. ~ 5 & 12

Nov. ~ 2 & 16

Dec. ~ 7

Jan. ~ 4 & 18

Feb. ~ 7

Mar. ~ 7, 21 & 28

### Confirmation Requirements

Those who desire to receive the Sacrament of Confirmation will need to have met the following Archdiocesan requirements and those set by St. Henry Church:

Be at least 15 years of age on the day of Confirmation

Completed the religious education requirements. (*see attendance policy*)

Interview with pastor and Confirmation coordinator at the beginning of the Confirmation preparation.

Complete the assigned service hour requirements.

Choose a sponsor and complete the assigned Sponsor/Candidate activities.

Attend all Confirmation classes.

Attend Confirmation retreat.

Interview with pastor and Confirmation coordinator at the end of the Confirmation preparation.

**There is a fee for the Confirmation materials and retreat.**

*Most requirements may be modified upon pastor's approval  
for special circumstances.*

We're on the web:  
[www.sthenrychurch.com](http://www.sthenrychurch.com)

"In youth we learn; in age we understand." Marie Ebner von Eschenbach

## General Guidelines

### Arrival:

SUNDAY Classes will begin at 9:10am. Students should all gather in the gym and will be dismissed to their classrooms from there.

There will be days when the 8am Mass may run long (*Palm Sunday, for example*) and students who are attending Mass in the morning should come to class as soon as Mass is completed.

WEDNESDAY Classes will begin promptly at 6:30pm.

### Attendance:

If you know ahead of time that your child is going to be absent, please call (753-7374) or email ([sthenrysre@marshallnet.com](mailto:sthenrysre@marshallnet.com)) to let us know. At the beginning of class, catechists will take attendance, and the charts will be picked up shortly thereafter. The parents/guardians of any child who is absent may be called to confirm that the child is known to be out of class.

If a student is absent more than 2 days (or 2 class hours) they will need to make-up the work missed. It is the student's responsibility to get make-up work from the DRE to complete and return. By completing the work and returning it, their absence will be excused.

### Protection of Children:

In the interest of the Protection of Children all Catechists and volunteers who work with children or youth in the parish are required to attend VIRTUS training and have a background check completed. Parents are encouraged to attend a VIRTUS training as well. For a list of training dates please contact the DRE. If you are interested in more information regarding keeping children safe visit the VIRTUS website: [www.virtus.org](http://www.virtus.org). This website provides articles that focus on keeping children safe, there are new articles available every other week.

Make-up work may require attendance at a parish function, extra reading materials or other activities due to the use of interactive activities and discussions during class that cannot be reproduced in homework.

### Cancellation of classes:

SUNDAY: If classes are canceled due to inclement weather, you can usually find the information at:

- *TV:* KCCI (channel 8) or WHO (channel 13)
- *Radio:* KDAO (99.5 FM) or KFJB (1230 AM) / KIX (101.1 FM) (*you can also check the corresponding website for any of these TV or Radio stations*)

- *Email:* if you receive the Family Newsletter via email you will receive email notice

- *Answering Machine:* You can call the parish office (753-7374—extension 106), any cancellation will be on the out-going message.

WEDNESDAY: Classes are automatically canceled if Marshalltown schools cancel or dismiss early due to weather.

### Dismissal:

SUNDAY: Students will be dismissed from their classrooms at 10:20am.

### Early Departure:

If you need to pick up your child early from class for any reason, please have your child bring a note or speak directly with the catechist or DRE.

### Illness or injury:

If your child is ill and cannot attend class, please feel free to contact the DRE ([sthenrysre@marshallnet.com](mailto:sthenrysre@marshallnet.com) or 641-753-7374).

If your child becomes ill while in class he/she will be brought to the DRE office until the end of class time. If the child is vomiting or seriously ill, parents will be contacted to pick up their child before class is over.

### Phone:

All students are asked to keep cell phones off and put away during class. Any student needing to make a phone call can do so before or after class. A phone can be made available for students as needed.

### Lost Articles:

Lost and found articles are kept in the Religious Education Office or in the lost and found box at the Church.

### Communication:

Catechists and parents are encouraged to meet each other and openly talk about what is happening in classes. Feel free to talk to the catechist or contact the DRE if there are any concerns or questions.

A Faith Formation newsletter will be sent out to all families in the parish in September, November, January and March. Supplemental or K-9 specific information will be sent in the fashion you chose on your registration form.

*Attendance for Religious Education  
Adopted August 20, 1996, updated April, 2010  
St. Henry Parish Board of Education*

In accordance with Archdiocesan Policies & Guidelines for the Sacrament of Confirmation and Archdiocesan policy 5144, enrollment in the Religious Education program is required as preparation to receive the Sacrament of Confirmation.

Three (3) absences a year, without make-up work being completed and turned in by the last class, would be considered grounds for

**Discipline:**

Discipline is usually handled by the catechist. A child may be sent to the DRE if their behavior is serious or causing a disruption to the rest of the class. The process is outlined below.

**Prayers, Beliefs and Practices:**

Prayer is to be an integral part of every lesson at all age levels. Parents/guardians are to help their child learn their prayers. Please see the prayers at the end of this booklet. Use this at home to introduce new prayers to your child and to assist your child in learning them and knowing them to the best of their ability.

**Curriculum:**

High School curriculum is The Light of Faith: An Overview of Catholicism. High School students will also complete the ACRE's test.

**Human Sexuality Curriculum:**

Human sexuality instruction is integrated into the religious education curriculum .

**Safe Environment:**

The safe environment curriculum will be covered in High School. Parents have an option of choosing to allow their child(ren) to *not* participate in this curriculum. A form is available for opting out of this curriculum. If you would like a form please contact the DRE.

**Sacramental Liturgies:**

All families are invited to join the St. Henry Parish community at the celebration of Eucharist before or after classes. There are Parish Communal Reconciliation Services during Advent and Lent.

**Field Trips:**

If a field trip is planned, parental permission forms are to be signed and returned prior to departure. Any student without a signed permission form will not be allowed on the field trip. Adult chaperones and drivers are often needed.

**Guests:**

Sometimes children like to bring a friend or cousin to class with them. We would appreciate knowing in advance so that the Catechist can prepare for an extra student.

In order to assure the safety of a guest we do request that you provide emergency information:

- Student's name
- Name and number of responsible adult

All guests must remain in the classroom for the duration of the class or be picked-up early.

*Adopted August 20, 1996*

*St Henry Parish Board of Education*

Archdiocesan Policy 5144 states discipline provides for a safe and productive educational environment.

In accordance with Archdiocesan policy 5144.1 most discipline will be addressed by the student's catechist.

Recurring discipline problems will be handled with the following procedure:

**First Offense:**

When discipline becomes a problem with a student, they will be sent to the Religious Education Office. A *First Offense Notice* stating the reason the student was sent out of the classroom will be completed at that time. The student is responsible for giving the slip to his/her parent/guardian and a copy will be placed in the student's file. The Religious Education Office will notify his/her parent(s) within three (3) days by telephone.

**Second Offense:**

In the event a student is sent to the office a second time, a *Second Offense Notice* will be completed following the same procedure as the first offense. This slip must be signed by the student's parent/guardian and returned to the Religious Education Office before the student can re-enter the class.

**Third Offense:**

If a student is sent to the Religious Education Office a third time, it will be cause for dismissal. A *Third Offense Notice* will be completed and a parent/guardian will be called immediately to pick up the student and a letter will be sent by mail. Copies of the *Notice* and the letter will be filed in the student's record.

A review of the decision for dismissal can be made only after requests by both student and his/her parent(s) are submitted to the Religious Education Office, and a meeting is held with the student, his/her parent(s), the catechist, Director of Religious Education and Pastor.

**Help for Victims of Sexual Abuse:**

**The Archdiocese of Dubuque has established a program of pastoral assistance to people who believe they or those in their care have been sexually abused as minors by clergy or other Church personnel. This assistance will include help in informing civil and Church authorities. Victim Assistance Coordinators are trained to facilitate access to appropriate professional mental health services, social services agencies, support groups and/or individuals who can provide spiritual care. Any individual desiring help from this program is invited to call toll free 800-803-6758 or 866-319-4536 to report an allegation or receive assistance. This program is part of the new "Policy for the Protection of Minors."**

# High School Youth Ministry @ St. Henry and St. Mary Church

The purpose of High School CYU (Catholic Youth United) is...

♥To empower young people to live as disciples of Jesus Christ in our world today.

♥To draw young people to responsible participation in the life, mission, and work of the Catholic faith community.

♥To foster the total personal and spiritual growth of each young person we encounter.

High School Youth ministry is for all 9-12th grade youth who are seeking to continue and deepen their faith journey.

The 9-12th grade CYU meet weekly on Wednesdays from 6:45-8:00pm Aug-Dec. @ St. Mary and Jan.-July @ St. Henry youth rooms.

Other youth ministry opportunities are available throughout the year. All youth are welcome to attend any or all activities.

All 7-12th grade youth will receive a newsletter with the planned activities for the month in their mailboxes at church or by mail. You can also view this newsletter and retrieve all permissions slips on the Church website

[www.sthenrychurch.com](http://www.sthenrychurch.com) or contact:

Lisa Lynk [sthenrysym1@marshallnet.com](mailto:sthenrysym1@marshallnet.com) or 753-7374

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## HIGH SCHOOL

### Come, Holy Spirit (Prayer to the Holy Spirit)

V. Come, Holy Spirit, fill the hearts of your faithful.

R. And kindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you shall renew the face of the earth.

Let us pray: O God, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same Spirit, help us to know what is truly right and always to rejoice in your consolation. We ask this through Christ, Our Lord. Amen.

### Prayer of Discernment

Lord, God, we know that by baptism and the gift of the Holy Spirit, you reign in our lives, and you call us to holiness and truth. Renew us that we might be all that you want us to be, so that we live in accord with your desires. We strive to be attentive to your promptings. Help us do what is right. Grant us the gift of knowledge, to be informed; the gift of wisdom, to use our experience; the gift of understanding, to learn from one another; the gift of right judgment, to make good decisions; the gift of courage, to enact what we decide; the gift of faith, to trust You. We ask this in the power of your Spirit, and in the name of Jesus, our Lord. Amen.

## Other common prayers:

### Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day for all the intentions of your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation for sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen.

### Confiteor

I confess to almighty God and to you, my brothers and sisters that I have sinned through my own fault, in my thoughts and in my words, in what I have done and what I have failed to do. And I ask Blessed Mary, ever Virgin, all the angels and saints, and you my brothers and sisters, to pray for me to the

Lord our God. May almighty God have mercy on us, forgive us our sins and bring us to life everlasting. Amen.

### Memorare

Remember, O most gracious Virgin Mary, that never was it known, that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired by this confidence I fly unto thee, O Virgin of virgins, my Mother. To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

### Psalms 23

The Lord is my shepherd; I shall not want. In verdant pastures he gives me repose; beside restful waters he leads me; he refreshes my soul. He guides me in right paths for his name's sake. Even though I walk in the dark valley I fear no evil; for you are at my side. With your rod and staff that give me courage. You spread the table before me in the sight of my foes; you anoint my head with oil; my cup overflows. Only goodness and kindness follow me all the days of my life; and I shall dwell in the house of the Lord for years to come.

### Vocation Prayer (Archdiocese of Dubuque)

Lord Jesus, life is Your gift to us. Through **Baptism** You invite us to share the gift of our lives in service to others. Give us the courage and generosity to respond to Your call. Through the **Eucharist** You fill us with Your life-giving presence and strengthen us in holiness. Give us the grace to make our efforts in Your service fruitful in Your kingdom. Through **Confirmation** You seal us with the gifts of the Holy Spirit and send us forth. Give us the strength to proclaim Your Word and make known Your Will to all the world. Open our hearts to Your service and move the hearts of men and women to follow You as **Priests, Deacons, Sisters and Brothers**. Help parents, grandparents and teachers to share their Catholic faith and to encourage our young people to explore religious vocations. Guide all people, Lord, in Your ways of compassion, truth, and peace, that we may find joy in fulfilling our vocation. Amen.

Please contact either your child's Catechist or the DRE if you would like to have a listing of all prayers your child should know before the High School. The list is also available on the church website