

Kindergarten Prayers

Sign of the Cross

In the name of the Father and of the Son and of the Holy Spirit.
Amen.

Our Father/The Lord's Prayer

Our Father who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail, Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus.
Holy Mary, mother of God, pray for us sinners, now and at the hour of our death. Amen.

Grace Before a Meal

Bless us, O Lord, and these your gifts, which we are about to receive from your goodness, through Christ our Lord. Amen.

1st Grade

Grace After a Meal

We give you thanks, for all your gifts, Almighty God, living and reigning now and forever. Amen.

Glory Be

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and will be forever. Amen.

2nd Grade

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen.

3rd Grade

Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty, from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

How to Pray the Rosary:

1. Make the Sign of the Cross.
2. Holding the Crucifix, say the Apostles' Creed.
3. On the first bead, say an Our Father.
4. Say three Hail Mary's on each of the next three beads. Say the Glory Be.
5. Go to the main part of the rosary. For each of the five decades, announce the Mystery, then say the Our Father.

While fingering each of the ten beads of the decade, say ten Hail Mary's while meditating on the Mystery. Then say a Glory Be.

6. Announce the second Mystery and continue in the same way until each of the five Mysteries of the selected group or decades is said.
7. After saying the five decades, say the Hail, Holy Queen.

4th Grade

Stations of the Cross

1. Pilate condemns Jesus to die
2. Jesus accepts his cross
3. Jesus falls the first time
4. Jesus meets his mother
5. Simon helps carry the cross
6. Veronica wipes the face of Jesus
7. Jesus falls the second time
8. Jesus speaks to the women
9. Jesus falls the third time
10. Jesus is stripped of His garments
11. Jesus is nailed to the cross
12. Jesus dies on the cross
13. Jesus is taken down from the cross
14. Jesus is laid in the tomb

Act of Faith

O God, we firmly believe that you are one God in three divine Persons, Father, Son, and Holy Spirit; we believe that your divine Son became man and died for our sins, and that he will come to judge the living and the dead. We believe these and all the truths that the holy Catholic Church teaches because you have revealed them, and you can neither deceive nor be deceived. Amen.

Act of Hope

O God, relying on your almighty power and your endless mercy and promises, we hope to gain pardon for our sins, the help of your grace, and life everlasting, through the saving actions of Jesus Christ, our Lord and Redeemer.

Act of Love

O God, we love you above all things, with our whole heart and soul, because you are all good and worthy of all love. We love our neighbor as ourselves for the love of you. We forgive all who have injured us and ask pardon of all whom we have injured.

5th Grade

Angelus

- V. The angel spoke God's message to Mary.
R. And she conceived of the Holy Spirit. Hail Mary . . .
- V. "I am the lowly servant of the Lord:
R. Let it be it done to me according to your word."
Hail, Mary . . .
- V. And the Word became flesh,
R. And lived among us. Hail, Mary . . .
- V. Pray for us, holy Mother of God,
R. That we may become worthy of the promises of Christ.

Let us pray: Lord, fill our hearts with your grace: once, through the message of an angel you revealed to us the incarnation of your Son; now, through his suffering and death lead us to the glory of his resurrection. We ask this through Christ our Lord. Amen.

6th Grade

Joyful Mysteries (*recited Monday and Saturday*)

- The Annunciation
The Visitation
The Nativity (birth of Jesus)
The Presentation
The Finding in the Temple

Mysteries of Light or Luminous (*recited Thursday*)

The Baptism of Jesus

The Wedding Feast of Cana

The Proclamation of the Kingdom, with
the call to Conversion

The Transfiguration

The Institution of the Eucharist

Sorrowful Mysteries (*recited Tuesday and Friday*)

The Agony in the Garden

The Scourging at the Pillar

The Crowning with Thorns

The Carrying of the Cross

The Crucifixion and death

Glorious Mysteries (*recited Wednesday and Sunday*)

The Resurrection

The Ascension

The Descent of the Holy Spirit

The Assumption

The Coronation of Mary in Heaven

Hail, Holy Queen

Hail, Holy Queen, Mother of mercy, hail, our life, our sweetness
and our hope. To you we cry, the children of Eve; to you we
send up our sighs, mourning and weeping in this land of exile.

Turn, then, most gracious advocate, your eyes of mercy toward

us, lead us home at last and show us the blessed fruit of your
womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us O holy Mother of God. *R. That we may be made
worthy of the promises of Christ our Lord.*

7th Grade

Jesus Prayer

Lord Jesus Christ, Son of God, have mercy on me, a sinner.

Mary's Prayer (Magnificat)

My soul proclaims the greatness of the Lord, my spirit rejoices
in God my Savior, for he has looked with favor on his lowly
servant. From this day all generations will call me blessed: the
Almighty has done great things for me, and holy is his Name.
He has mercy on those who fear him in every generation. He
has shown the strength of his arm, he has scattered the proud
in their conceit. He has cast down the mighty from their
thrones, and has lifted up the lowly. He has filled the hungry
with good things, and the rich he has sent away empty. He has
come to the help of his servant Israel for he has remembered
his promise of mercy, the promise he made to our fathers, to

Abraham and his children forever. Glory to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

8th Grade

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation He came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became Man. For our sake He was crucified under Pontius Pilate; He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His Kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father

and the Son He is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one Baptism for the forgiveness of and I look forward to the resurrection of the dead, and the life of the world to come. Amen.

Prayer of St. Francis/Prayer for Peace

Lord, make me an instrument of your peace.

Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy. Grant that I may not so much seek to be consoled as to console, to be understood as to understand, to be loved as to love; for it is in giving that we receive, it is in pardoning that we are pardoned, And it is in dying that we are born to eternal life.

HIGH SCHOOL

Come, Holy Spirit (Prayer to the Holy Spirit)

V. Come, Holy Spirit, fill the hearts of your faithful.

R. And kindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you shall renew the face of the earth.

Let us pray: O God, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same Spirit, help us to know what is truly right and always to rejoice in your consolation. We ask this through Christ, Our Lord. Amen.

Prayer of Discernment

Lord, God, we know that by baptism and the gift of the Holy Spirit, you reign in our lives, and you call us to holiness and truth. Renew us that we might be all that you want us to be, so that we live in accord with your desires. We strive to be attentive to your promptings. Help us do what is right. Grant us the gift of knowledge, to be informed; the gift of wisdom, to use our experience; the gift of understanding, to learn from one another; the gift of right judgment, to make good decisions; the gift of courage, to enact what we decide; the gift of faith, to trust You. We ask this in the power of your Spirit, and in the name of Jesus, our Lord. Amen

Other common prayers:

Angel of God

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

Morning Prayer (younger children)

God, my Father, I give you today all that I think and do and say. I'll work and study, have fun and pray. Jesus be with me all through the day. Amen.

Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day for all the intentions of your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation for sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month.
Amen

Confiteor

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my

fault, through my fault, through my most grievous fault;
therefore I ask blessed Mary, ever-Virgin, all the angels and
saints, and you, my brothers and sisters, to pray for me to the
Lord our God.

Memorare

Remember, O most gracious Virgin Mary, that never was it
known, that anyone who fled to thy protection, implored thy
help, or sought thy intercession, was left unaided. Inspired by
this confidence I fly unto thee, O Virgin of virgins, my Mother.
To thee do I come, before thee I stand, sinful and sorrowful. O
Mother of the Word Incarnate, despise not my petitions, but in
thy mercy hear and answer me. Amen.

Psalms 23

The Lord is my shepherd; I shall not want. In verdant pastures
he gives me repose; beside restful waters he leads me; he
refreshes my soul. He guides me in right paths for his name's
sake. Even though I walk in the dark valley I fear no evil; for you
are at my side. With your rod and staff that give me courage.
You spread the table before me in the sight of my foes; you

anoint my head with oil; my cup overflows. Only goodness and
kindness follow me all the days of my life; and I shall dwell in
the house of the Lord for years to come.

Vocation Prayer (Archdiocese of Dubuque)

Lord Jesus, life is Your gift to us. Through **Baptism** You invite
us to share the gift of our lives in service to others. Give us the
courage and generosity to respond to Your call. Through the
Eucharist You fill us with Your life-giving presence and
strengthen us in holiness. Give us the grace to make our efforts
in Your service fruitful in Your kingdom. Through
Confirmation You seal us with the gifts of the Holy Spirit and
send us forth. Give us the strength to proclaim Your Word and
make known Your Will to all the world. Open our hearts to
Your service and move the hearts of men and women to follow
You as **Priests, Deacons, Sisters and Brothers**. Help parents,
grandparents and teachers to share their Catholic faith and to
encourage our young people to explore religious vocations.
Guide all people, Lord, in Your ways of compassion, truth, and
peace, that we may find joy in fulfilling our vocation. Amen.